



Wendela ter Meulen

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LEDD Kenniscarroussel
11 juni 2026

COMORBIDITY OF MOOD
DISORDERS AND SUBSTANCE
USE DISORDERS: IN CONCERT
AND CO-TRAVELLING

Wendela ter Meulen

2015 Psychiater HIC GGZ inGeest

2016 Onderzoeker Vumc

Januari 2026: Hora Est!

2026 Psychiater HIC AMC





Van alle mensen met 2 psychiatrische stoornissen, heeft% in totaal 3 of meer psychiatrische stoornissen.



+



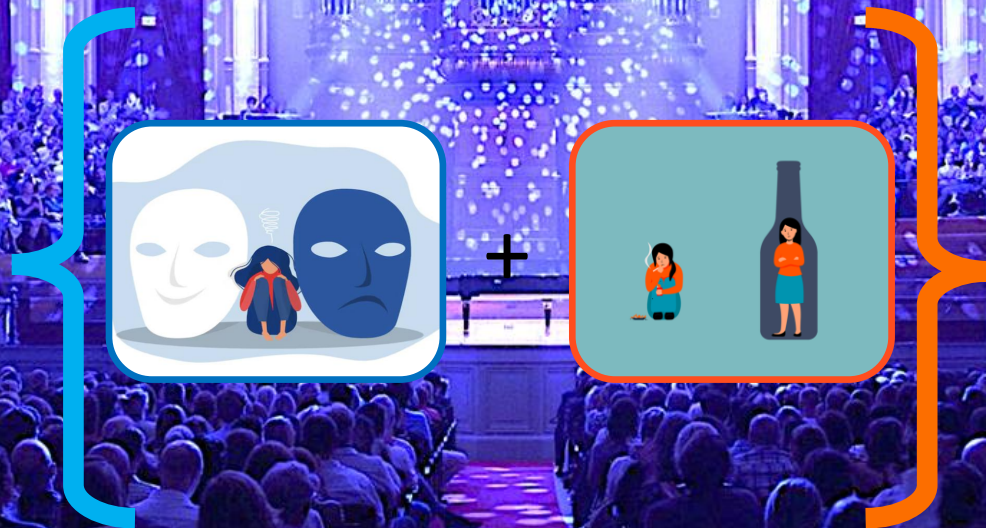
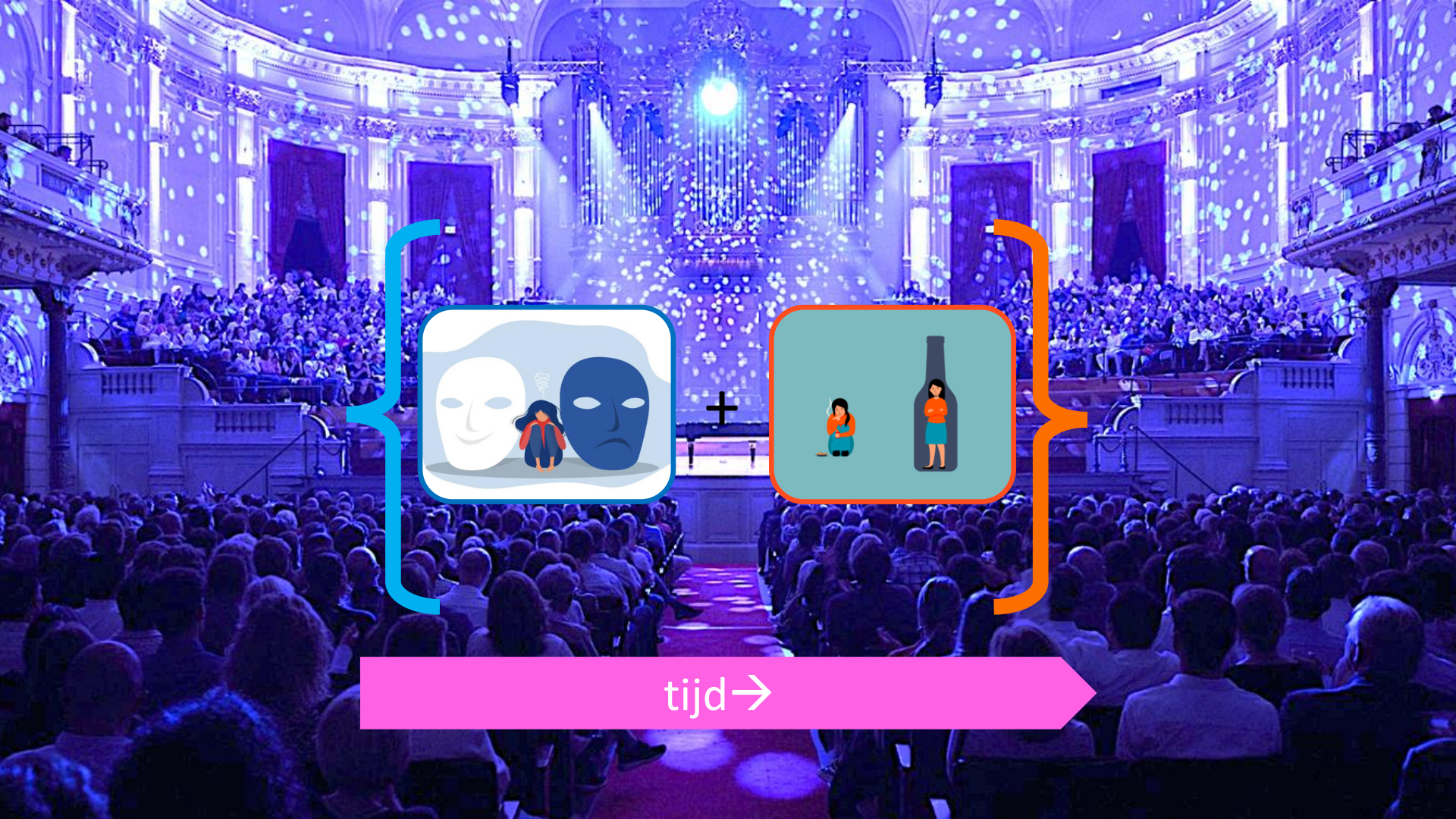
= comorbiditeit



= comorbiditeit



= comorbiditeit



tijd →



= co-travelling*

I. Comorbidity



II. In Concert



III. Co-travelling



HOOFDSTUK 2



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HOOFDSTUK 2



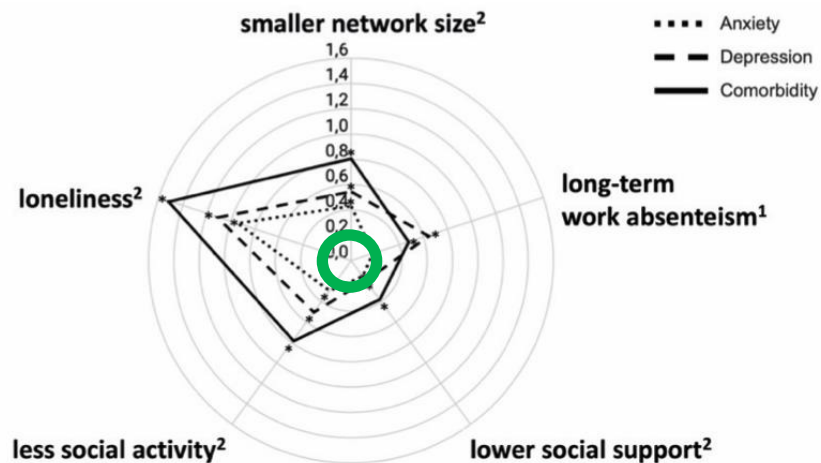
Vaker een onharmonieus concert

HOOFDSTUK 2



Vaker ongunstige medespelers

3a: Functional indicators

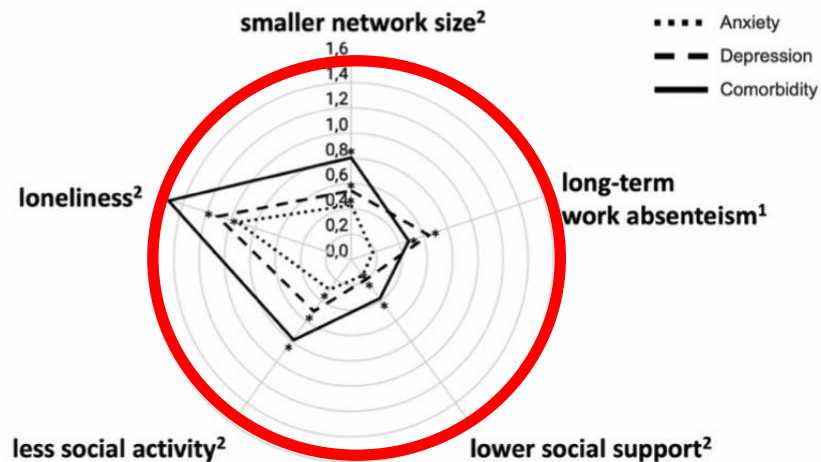


HOOFDSTUK 2



Vaker ongunstige medespelers

3a: Functional indicators



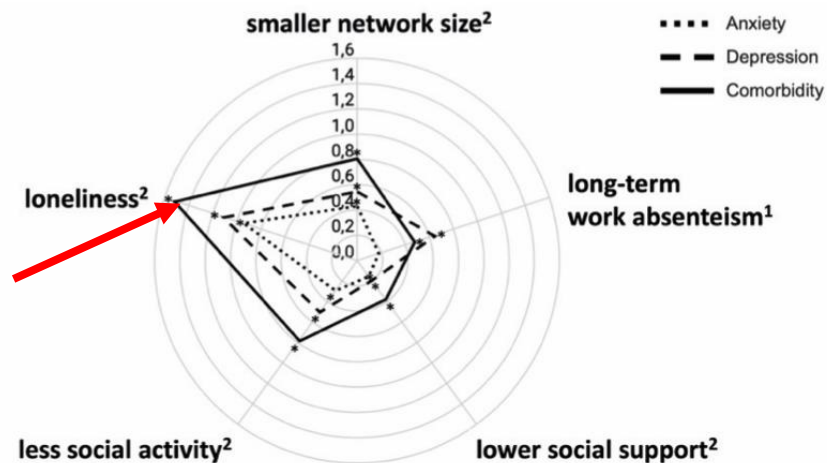
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Vaker ongunstige medespelers

3a: Functional indicators



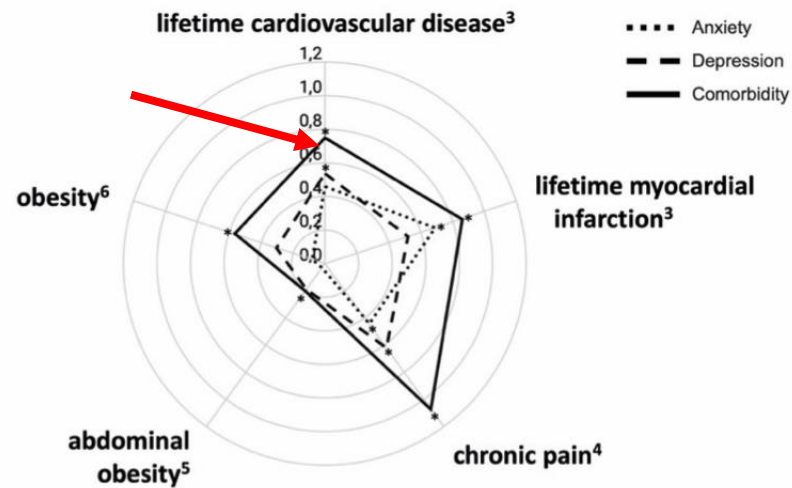
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Vaker ongunstige medespelers

3b: Somatic indicators



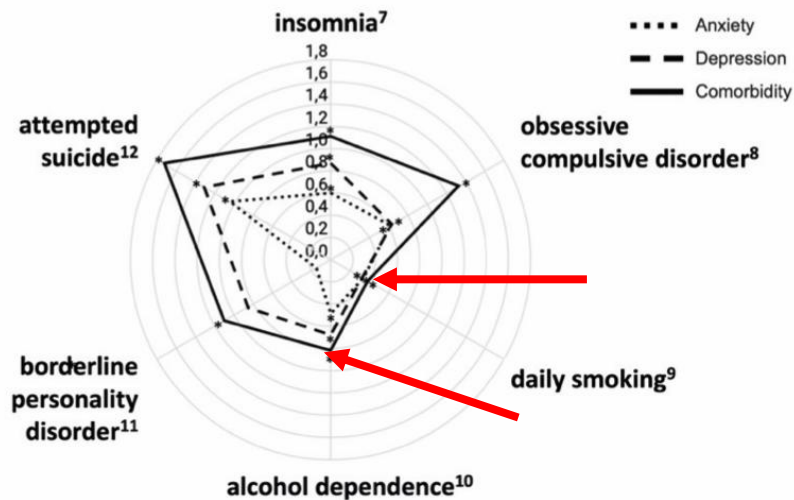
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Vaker ongunstige medespelers

3c: Mental health indicators



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Verscheidene risicofactoren

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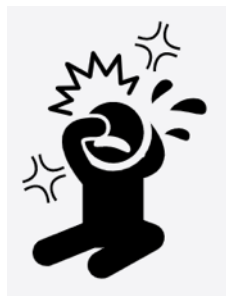
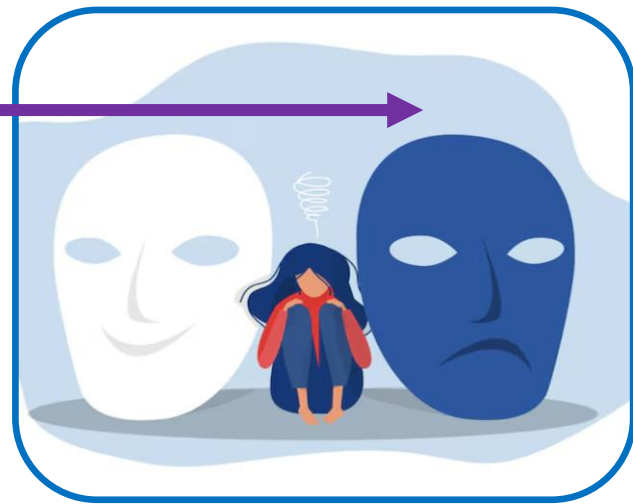
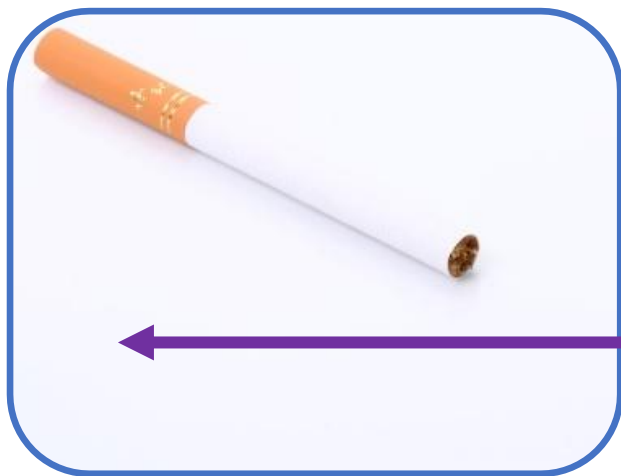
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Verscheidene risicofactoren

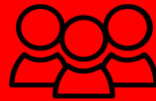
- Jeugdtrauma
- Neuroticisme
- Vroege ontstaansleeftijd





HOOFDSTUK 3

Wendela ter Meulen



depressie

45%



hersteld



nooit depressie

27%

HOOFDSTUK 3

Wendela ter Meulen



depressie

45%



hersteld

40%

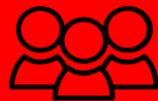


nooit depressie

27%

HOOFDSTUK 3

Wendela ter Meulen



depressie

45%



hersteld

40%



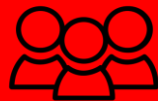
nooit depressie

27%



HOOFDSTUK 3

Wendela ter Meulen



depressie

45%



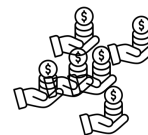
hersteld

40%



nooit depressie

27%





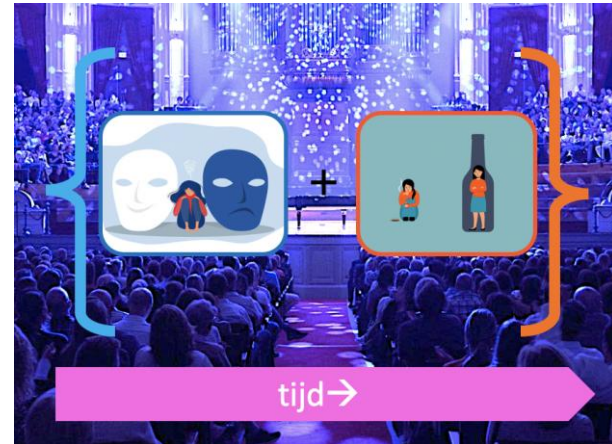
I. Comorbidity



II. In Concert



III. Co-travelling

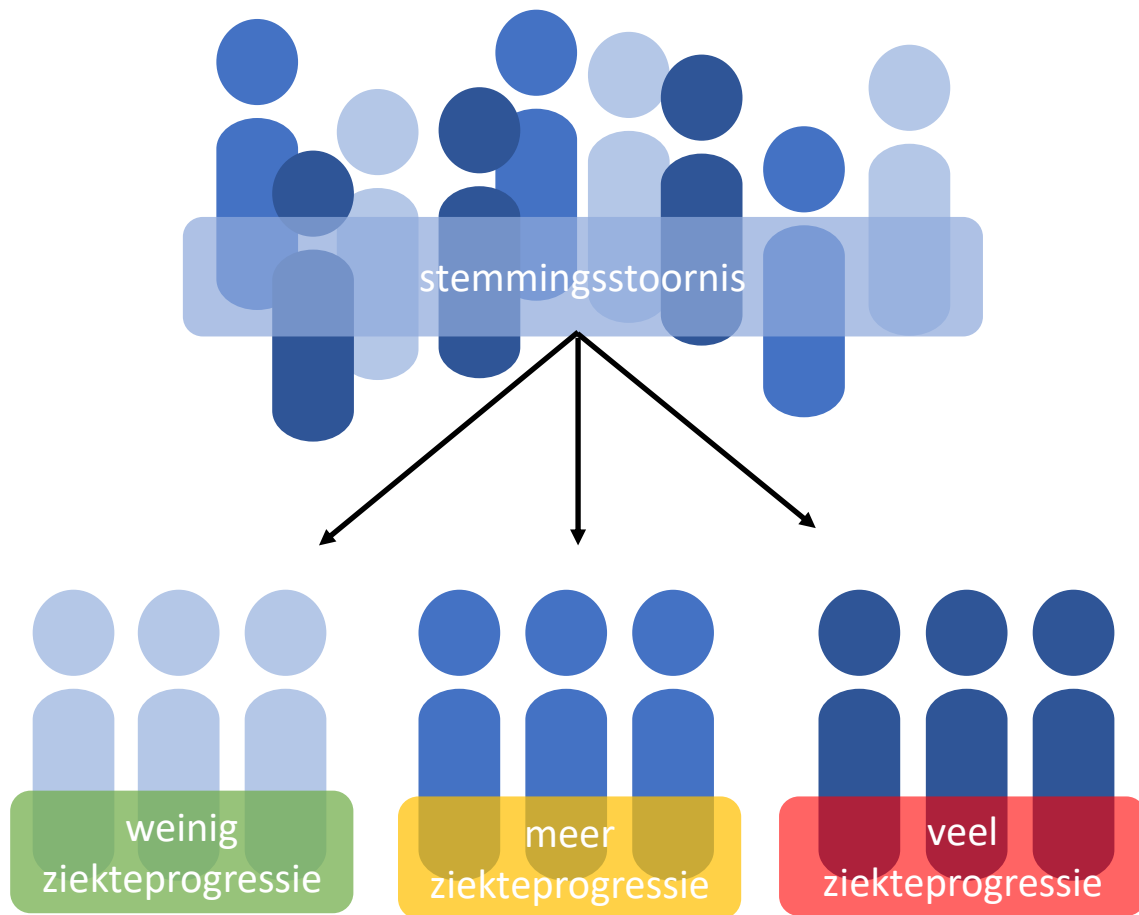


I. Comorbidity



II. In Concert

III. Co-travelling

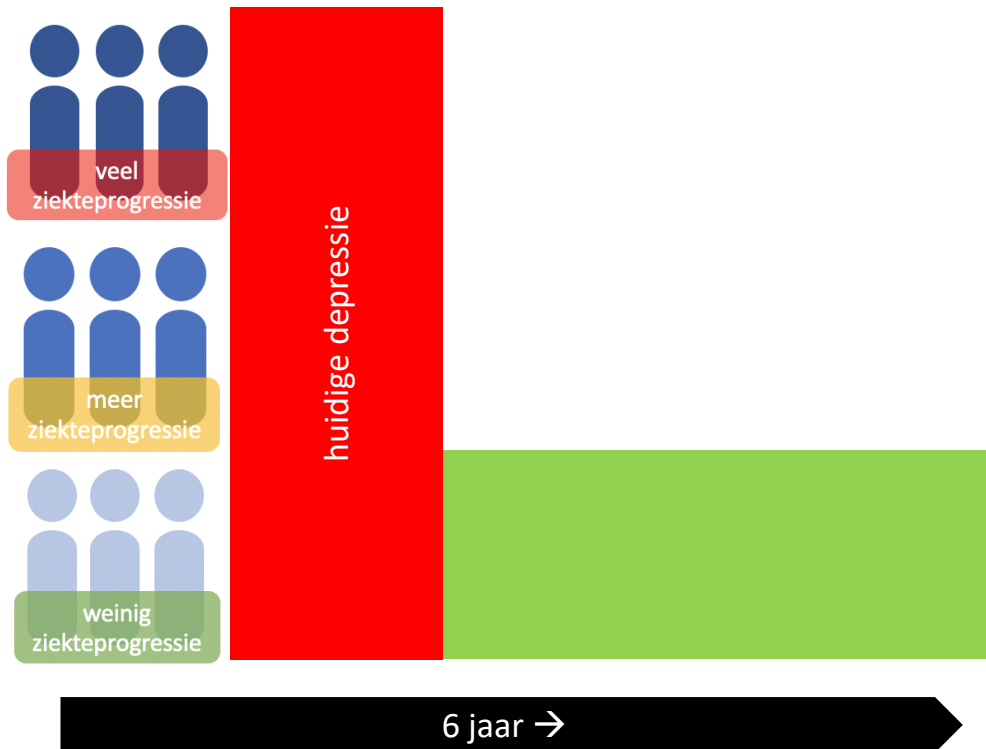


Hoofdstuk 5



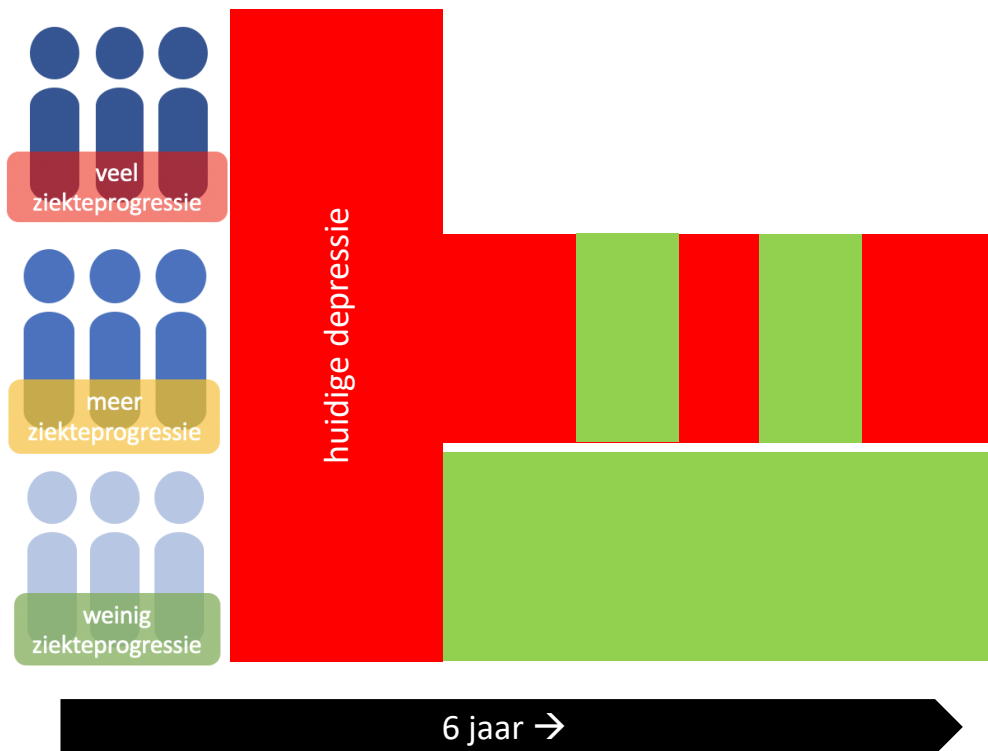
6 jaar →

Hoofdstuk 5



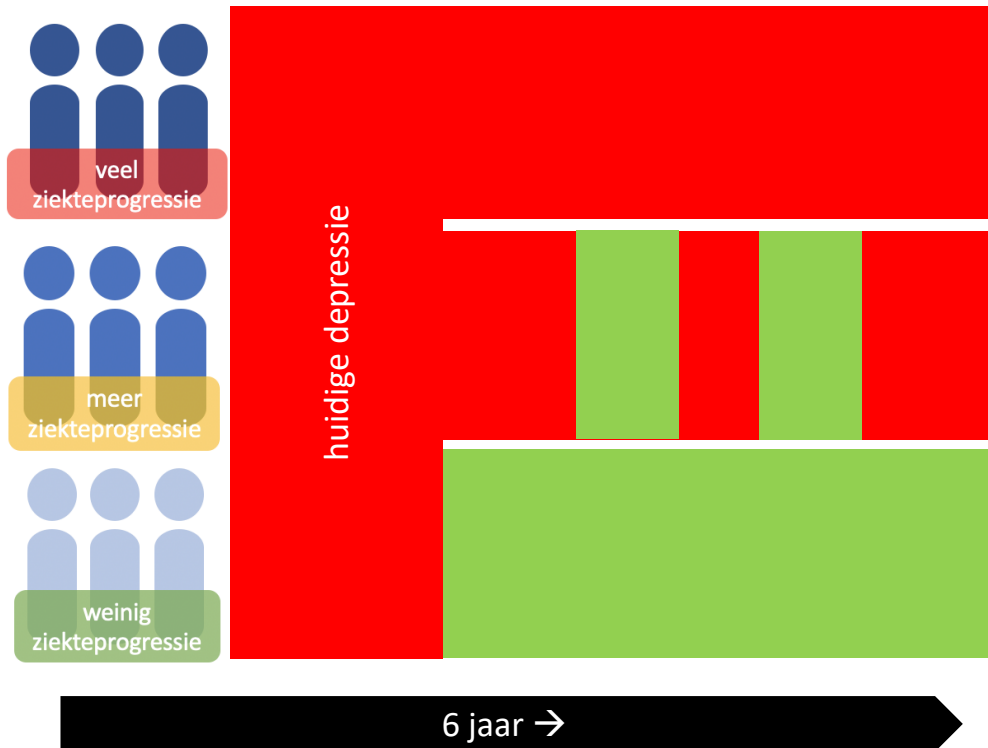
Hoofdstuk 5

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Hoofdstuk 5

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Hoofdstuk 5



huidige depressie

Roken onveranderd

Roken neemt af

Roken neemt af

6 jaar →

Hoofdstuk 5



Hoog opleidingsniveau
Hoog inkomen
Laag neuroticisme

6 jaar →

Conclusies



Geen unieke oorzaken voor
het concert van comorbiditeit

Conclusies



‘Ziekteprogressie’ van stemmingsstoornis werkt samenreizen met verslavingsproblemen in de hand



Wendela ter Meulen

Take-away

- ➡ Gezamenlijke behandeling stemming & middelengebruik
- ➡ Enig herstel persisterende depressie nodig voor verminderen roken

COMORBIDITY OF MOOD
DISORDERS AND SUBSTANCE
USE DISORDERS: IN CONCERT
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