

Implementatie van palliatieve zorg voor mensen met complexe en langdurige problematiek



Koen Westen
kh.westen@avans.nl

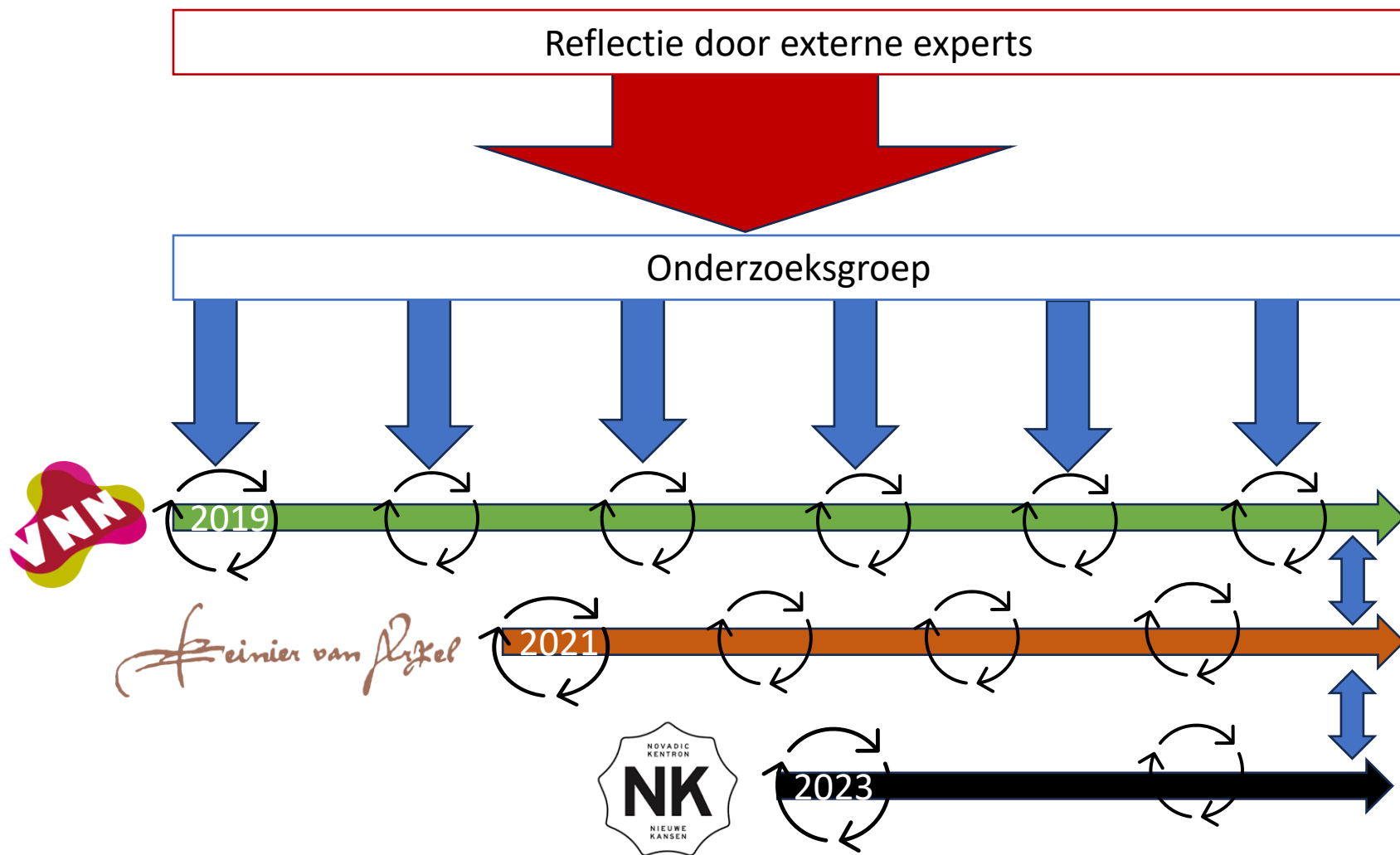
INLEIDING

Cliënten met een zorgindicatie ernstige psychiatrische aandoeningen (EPA) overlijden vele jaren eerder dan gemiddeld (Plana-Ripoll et al., 2019).

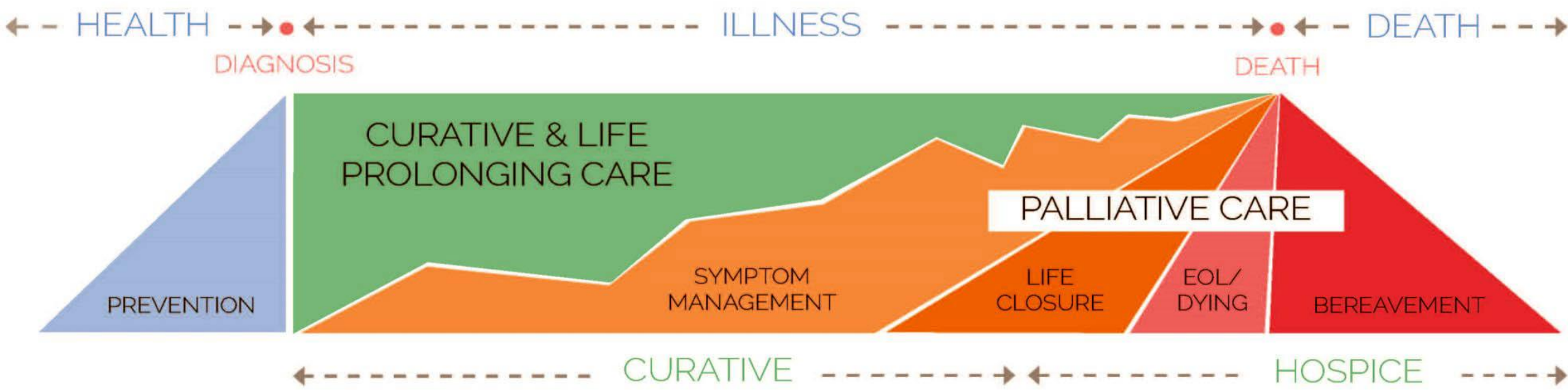
Palliatieve zorg bij mensen met een zorgindicatie EPA verloopt grillig, is complex, vraagt een proactieve benadering en tijdige signalering middels de surprise question: Zou het mij verbazen wanneer deze cliënt binnen 12 maanden komt te overlijden? (Den Boer et al., 2019).

De richtlijn Palliatieve zorg is niet ingebed in de verslavingszorg, evenals recente palliatieve zorg tools (Den Boer et al., 2019).

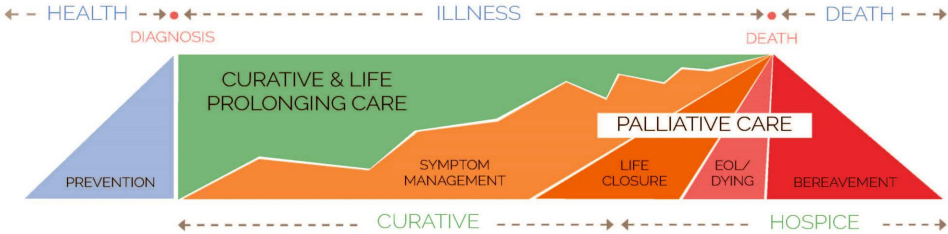
Implementeren van de richtlijnen Palliatieve Zorg in de ggz en verslavingszorg: actie-onderzoek



LESSONS LEARNED



LESSONS LEARNED



Afbeelding: huidige toolkit proactieve palliatieve zorg in de ggz

LESSONS LEARNED

1

**In kaart
brengen van
symptomen,
problemen en
behoeften**

2

**Signaleren van
een behoefte
aan palliatieve
zorg**

3

**Nazorg voor
naasten**

**Proactieve
zorgplanning
en uitvoering**

**Proactieve
zorgplanning
en uitvoering**

**In kaart
brengen van
symptomen,
problemen en
behoeften**

TAAK

Stimuleren en
ondersteunen
van het
gesprek over
kwaliteit van
leven en
proactieve
zorg



Wekelijkse vraag
RoadBox
Gedachtenbus
HERO-app

Name: _____

Erreichte Punktzahl: 0/10

Frage: **Welche der folgenden Aussagen ist richtig?**

☐ Die von der Kiefergelenkshöhle ausgehenden Gelenkflächen sind glatt und ohne Vertiefungen.

☒ Die von der Kiefergelenkshöhle ausgehenden Gelenkflächen sind geglättet, aber mit Vertiefungen versehen.

☐ Die von der Kiefergelenkshöhle ausgehenden Gelenkflächen sind geglättet und mit Vertiefungen versehen.

☐ Die von der Kiefergelenkshöhle ausgehenden Gelenkflächen sind geglättet und ohne Vertiefungen.

Bitte beschreiben Sie: _____

Antwort: _____

Bitte bewerten Sie diese Frage:

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Erreichte Punktzahl: 0/10

[illegible][illegible]

Contact:
0773-688-90-60
Monday to Friday from
8:30am to 5:00 pm
Email: [frp@macsolic-
beeston.nhs.uk](mailto:frp@macsolic-
beeston.nhs.uk)

**For more information about
housing, jobs, and other
support please come visit
us!**

We are glad to assist!

Link

<https://forms.digipendite.com/collection-general>

NEW BOOKS

THE POLITICAL GROUP
An Introduction to the Study of Political Groups
by James G. Thompson, Chicago
University of Illinois
Chicago, Illinois
\$2.95
\$3.95
\$4.95
\$5.95
\$6.95
\$7.95
\$8.95
\$9.95
\$10.95
\$11.95
\$12.95
\$13.95
\$14.95
\$15.95
\$16.95
\$17.95
\$18.95
\$19.95
\$20.95
\$21.95
\$22.95
\$23.95
\$24.95
\$25.95
\$26.95
\$27.95
\$28.95
\$29.95
\$30.95
\$31.95
\$32.95
\$33.95
\$34.95
\$35.95
\$36.95
\$37.95
\$38.95
\$39.95
\$40.95
\$41.95
\$42.95
\$43.95
\$44.95
\$45.95
\$46.95
\$47.95
\$48.95
\$49.95
\$50.95
\$51.95
\$52.95
\$53.95
\$54.95
\$55.95
\$56.95
\$57.95
\$58.95
\$59.95
\$60.95
\$61.95
\$62.95
\$63.95
\$64.95
\$65.95
\$66.95
\$67.95
\$68.95
\$69.95
\$70.95
\$71.95
\$72.95
\$73.95
\$74.95
\$75.95
\$76.95
\$77.95
\$78.95
\$79.95
\$80.95
\$81.95
\$82.95
\$83.95
\$84.95
\$85.95
\$86.95
\$87.95
\$88.95
\$89.95
\$90.95
\$91.95
\$92.95
\$93.95
\$94.95
\$95.95
\$96.95
\$97.95
\$98.95
\$99.95
\$100.95
\$101.95
\$102.95
\$103.95
\$104.95
\$105.95
\$106.95
\$107.95
\$108.95
\$109.95
\$110.95
\$111.95
\$112.95
\$113.95
\$114.95
\$115.95
\$116.95
\$117.95
\$118.95
\$119.95
\$120.95
\$121.95
\$122.95
\$123.95
\$124.95
\$125.95
\$126.95
\$127.95
\$128.95
\$129.95
\$130.95
\$131.95
\$132.95
\$133.95
\$134.95
\$135.95
\$136.95
\$137.95
\$138.95
\$139.95
\$140.95
\$141.95
\$142.95
\$143.95
\$144.95
\$145.95
\$146.95
\$147.95
\$148.95
\$149.95
\$150.95
\$151.95
\$152.95
\$153.95
\$154.95
\$155.95
\$156.95
\$157.95
\$158.95
\$159.95
\$160.95
\$161.95
\$162.95
\$163.95
\$164.95
\$165.95
\$166.95
\$167.95
\$168.95
\$169.95
\$170.95
\$171.95
\$172.95
\$173.95
\$174.95
\$175.95
\$176.95
\$177.95
\$178.95
\$179.95
\$180.95
\$181.95
\$182.95
\$183.95
\$184.95
\$185.95
\$186.95
\$187.95
\$188.95
\$189.95
\$190.95
\$191.95
\$192.95
\$193.95
\$194.95
\$195.95
\$196.95
\$197.95
\$198.95
\$199.95
\$200.95
\$201.95
\$202.95
\$203.95
\$204.95
\$205.95
\$206.95
\$207.95
\$208.95
\$209.95
\$210.95
\$211.95
\$212.95
\$213.95
\$214.95
\$215.95
\$216.95
\$217.95
\$218.95
\$219.95
\$220.95
\$221.95
\$222.95
\$223.95
\$224.95
\$225.95
\$226.95
\$227.95
\$228.95
\$229.95
\$230.95
\$231.95
\$232.95
\$233.95
\$234.95
\$235.95
\$236.95
\$237.95
\$238.95
\$239.95
\$240.95
\$241.95
\$242.95
\$243.95
\$244.95
\$245.95
\$246.95
\$247.95
\$248.95
\$249.95
\$250.95
\$251.95
\$252.95
\$253.95
\$254.95
\$255.95
\$256.95
\$257.95
\$258.95
\$259.95
\$260.95
\$261.95
\$262.95
\$263.95
\$264.95
\$265.95
\$266.95
\$267.95
\$268.95
\$269.95
\$270.95
\$271.95
\$272.95
\$273.95
\$274.95
\$275.95
\$276.95
\$277.95
\$278.95
\$279.95
\$280.95
\$281.95
\$282.95
\$283.95
\$284.95
\$285.95
\$286.95
\$287.95
\$288.95
\$289.95
\$290.95
\$291.95
\$292.95
\$293.95
\$294.95
\$295.95
\$296.95
\$297.95
\$298.95
\$299.95
\$300.95
\$301.95
\$302.95
\$303.95
\$304.95
\$305.95
\$306.95
\$307.95
\$308.95
\$309.95
\$310.95
\$311.95
\$312.95
\$313.95
\$314.95
\$315.95
\$316.95
\$317.95
\$318.95
\$319.95
\$320.95
\$321.95
\$322.95
\$323.95
\$324.95
\$325.95
\$326.95
\$327.95
\$328.95
\$329.95
\$330.95
\$331.95
\$332.95
\$333.95
\$334.95
\$335.95
\$336.95
\$337.95
\$338.95
\$339.95
\$340.95
\$341.95
\$342.95
\$343.95
\$344.95
\$345.95
\$346.95
\$347.95
\$348.95
\$349.95
\$350.95
\$351.95
\$352.95
\$353.95
\$354.95
\$355.95
\$356.95
\$357.95
\$358.95
\$359.95
\$360.95
\$361.95
\$362.95
\$363.95
\$364.95
\$365.95
\$366.95
\$367.95
\$368.95
\$369.95
\$370.95
\$371.95
\$372.95
\$373.95
\$374.95
\$375.95
\$376.95
\$377.95
\$378.95
\$379.95
\$380.95
\$381.95
\$382.95
\$383.95
\$384.95
\$385.95
\$386.95
\$387.95
\$388.95
\$389.95
\$390.95
\$391.95
\$392.95
\$393.95
\$394.95
\$395.95
\$396.95
\$397.95
\$398.95
\$399.95
\$400.95
\$401.95
\$402.95
\$403.95
\$404.95
\$405.95
\$406.95
\$407.95
\$408.95
\$409.95
\$410.95
\$411.95
\$412.95
\$413.95
\$414.95
\$415.95
\$416.95
\$417.95
\$418.95
\$419.95
\$420.95
\$421.95
\$422.95
\$423.95
\$424.95
\$425.95
\$426.95
\$427.95
\$428.95
\$429.95
\$430.95
\$431.95
\$432.95
\$433.95
\$434.95
\$435.95
\$436.95
\$437.95
\$438.95
\$439.95
\$440.95
\$441.95
\$442.95
\$443.95
\$444.95
\$445.95
\$446.95
\$447.95
\$448.95
\$449.95
\$450.95
\$451.95
\$452.95
\$453.95
\$454.95
\$455.95
\$456.95
\$457.95
\$458.95
\$459.95
\$460.95
\$461.95
\$462.95

[illegible]

Physical Health

Mental Health

Volume: *novel*

Journal

Talk to someone

```

graph TD
    Death[Death] --> Reflection[REFLECTION ON LIFE AND VALUES]
    Death --> Hobbies[HOBBIES AND ENJOYMENTS]
    Death --> Relationships[RELATIONSHIPS AND SOCIAL CONNECTIONS]
    Death --> Secrets[SECRETS AND ASPIRATIONS]
    Reflection --> Integrative[INTEGRATIVE CARE]
    Hobbies --> Integrative
    Relationships --> Integrative
    Secrets --> Integrative
  
```

Death

REFLECTION ON LIFE AND VALUES

HOBBIES AND ENJOYMENTS

RELATIONSHIPS AND SOCIAL CONNECTIONS

SECRETS AND ASPIRATIONS

INTEGRATIVE CARE

[illegible]

NAME _____

EVALUATIVE CRITERIA _____

1. How useful/important/inspiring/likeable was... _____

2. How much did you like the program... _____

3. How did you respond to the program... _____

4. How thoughtful/inspiring... _____

5. Inspiring/inspired in any direction... _____

6. Difficult/easy to understand... _____

7. How relevant/seamless/flexible... _____

8. How much did you learn from... _____

9. How much joy/peace for the world did it give/inspire? _____

10. Do you intend to learn/teach/inspire/continue? _____

back

CHARACTERS AND ENLIGHTENMENTS:

What/How/When/Where/Who/What? about?

effective a teacher/learning/teach up/ additional?

What/whenever/teaching?

I think...

What/when/where/teaching?

What/when/where/teach? I think?

Because/teaching/teach/teach?

What's your/teaching/teaching?

Meine

RELATIONSHIP-WIRE BOVA, CONNECTED!

Relationships provide the "meat"?

Relationships extend no matter how long?

Relationships are given or accepted?

Relationships maintain the relationship?

Relationships are given or accepted?

Relationships are given?

Relationships are given?

Relationships are given?

Relationships are given?

Stack

QUESTION 1: NAME: _____

1. write description: **Buffer overflow**

Answer: _____

2. write: **exploit**

Answer: **exploit (program) - vulnerability (bug) -> exploit (code)**

3. write: **exploit**

Answer: **exploit (code)**

4. write: **exploit**

Answer: **exploit (code)**

5. write: **exploit**

Answer: **exploit (code)**

6. write: **exploit**

Answer: **exploit (code)**

7. write: **exploit**

Answer: **exploit (code)**

8. write: **exploit**

Answer: **exploit (code)**

9. write: **exploit**

Answer: **exploit (code)**

10. write: **exploit**

Answer: **exploit (code)**

Experienced peer expert

Professional

Experienced

Weeks

Microscopy

Apparatus and reagents

Name:

Experiment your discussion!

What do you think?

What do you think?

Week

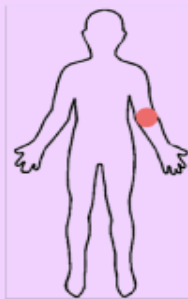
Accounting 101E

Quiz	Exam	Final	Overall	Final	Quiz	Exam
100	100	100	100	100	100	100
100	100	100	100	100	100	100
100	100	100	100	100	100	100
100	100	100	100	100	100	100
100	100	100	100	100	100	100
100	100	100	100	100	100	100
100	100	100	100	100	100	100
100	100	100	100	100	100	100
100	100	100	100	100	100	100

50 **00** **00** **00**

My dashboard

Where do you experience physical pain?
Tap on the location(s) you experience pain
and click submit



How bad is the pain?

Any details?

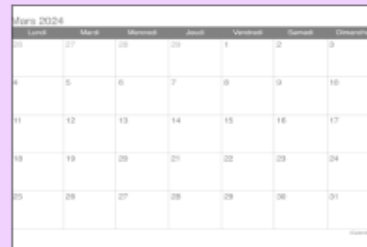
How would you rate your day?

Submit



EMERGENCY

Which days?



Did you take any other drugs apart from the ones
prescribed?

☐ YES ☐ NO

How many hours did you sleep tonight?

0 6 12

What did you eat today?

Is that enough for you or do you need anything?

Are you sick?

☐ YES ☐ NO

If YES can you name the illness?

Do you need help?

☐ YES ☐ NO

Contact :
073-689 90 90
Monday to Friday from
8:30am to 5:00 pm

Email: hulp@novadic-kentron.nl

For more information about
housing, jobs, and other
support please come visit
us!

We are glad to assist!

NK

Physical Health

Mental Health

Welcome Page

Welcome, **name!**

Journal

Journal

Back

REFLECTION
ON LIFE AND
VALUES

FAVORITES
AND
ENJOYMENTS

RELATIONSHIPS
AND SOCIAL
CONNECTIONS

REGRETS AND
ASPIRATIONS

PALLIATIVE
CARE

Reflection on Life and Values :

Back

REFLECTION ON LIFE AND VALUES :

What do I want to share about my life?

What's a new skill or talent I want to develop?

I am proud of...

Important in my life is...

What legacy do you hope to leave behind?

How do you practice self-care and maintain
balance in your life?

Describe a value or principle that you hold dear

How do you navigate periods of uncertainty?

How do you define happiness

The most important person in my life is...

How do you cultivate positivity in your daily life?

What are some moments of courage that
stand out to you?

Palliative Care:

Back

PALLIATIVE CARE :

The most important people in my life are...

I want to leave my belongings to...

I want to spend my last years in ...

My biggest dream is...

Important in my life is...

Before I die I want to...

How do I want to die...

Where do I want to die...

Do you prefer to be buried or cremated?

Do you want to have a funeral or ceremony?

Favorites and Enjoyments :

Back

FAVORITES AND ENJOYMENTS :

What's my favourite food / drink?

What's a favorite memory from my childhood?

What makes me happy?

I miss...

What are your hobbies?

What's your favorite book / movie?

Do you enjoy any sport?

What's your favorite holiday?

Resultaten

Micro	Kennisgebrek zorgverleners, cliënten & netwerkpartners Handelingsverlegenheid Markering bij verslaving is lastig Communiceren over PZ met cliënt en naasten
Meso	Inbedding surprise question = de aanjager Inbedding fasering PZ (bv. Palliatiebord) = de voortzetter Inbedding moreel beraad = steunend Proactieve zorgplanning gaat vooraf aan markering in de langerdurende ggz en verslavingszorg Gebrek aan samenwerking in formeel en informeel netwerk (PZ en naasten)
Macro	Richtlijnen en Toolkit onvoldoende praktisch inzetbaar Aandacht voor modelgetrouw werken (Thema 9 / Crustatieve zorg) Vele overeenkomsten met herstelondersteunende zorg

Conclusie



Palliatieve zorg sluit aan bij de huidige visie op gezondheid en herstel van de ggz.

De implementatie van pz versterkt reguliere behandelprocessen en samenwerking met naasten en netwerk en daarmee de kwaliteit van leven én sterven van onze cliënten.

De richtlijnen alleen zijn niet toereikend en actiegericht onderzoek helpt om de adaptatie ervan in de lokale context te borgen.

TAKE-HOME MESSAGE

Gek genoeg: start met het borgen van een markeringsproces voor alle cliënten

en begin daarna vooraan en sluit geduldig aan bij de onherroepelijke problemen....